

# 69TH ANNUAL Meeting & Scientific Assembly Schedule of Events

**\*\* Schedule is  
subject to change.**

*Application for CME credit has been filed with the American Academy of Family Physicians.  
Determination of credit is pending.*

## Thursday, March 30, 2017

8:15 am	<b>Opening Remarks</b>
8:30 - 9:30 am	Obstetrics for the Non-Obstetric Provider, <i>Jason Bepalec, MD</i>
9:30 - 10:30 am	NAFP Legislative Update, <i>Robert Rauner, MD, MPH, FAAFP</i> MACRA Update, <i>Robert Wergin, MD, FAAFP</i>
10:30 - 11:00 am	<b>BREAK - VISIT THE EXHIBITORS</b>
11:00 - 12:00 pm	Resident Presentations
12:00 - 1:00 pm	Sit Down Lunch
12:00 - 1:00 pm	NAFP Foundation Lunch & Board Meeting
1:00 - 5:30 pm	Medical Genomics Knowledge Self-Assessment (KSA)   \$150 <i>Brian Finley, MD, FAAFP &amp; Josue Gutierrez, MD</i>
1:00 - 2:00 pm	Surgical Options for Weight Loss: Family Practices Perspective <i>Kalyana Nandipati, MD</i>
2:00 - 3:00 pm	Dementia & Delirium Debunked, <i>Rebecca Wester, MD</i>
3:00 - 3:30 pm	<b>BREAK - VISIT THE EXHIBITORS</b>
3:30 - 4:30 pm	Doc, My Shoulder Keeps Me Up at Night! Evaluation & Treatment of the Atraumatic Shoulder Pain, <i>Matthew Dilisio, MD</i>
4:30 - 5:30 pm	Effective Steps to Treat Generalized Back Pain, <i>John McClellan, MD</i>
5:30 pm	<b>ADJOURN</b>
6:00 - 9:00 pm	Cash Bar Social / All Attendee Dinner
7:30 - 9:00 pm	Resident Medical Jeopardy, <i>Douglas Martin, MD, FAADEP, FACOEM, FAAFP</i>

### What is the Knowledge Self-Assessment?

Before July 2016, Family Physicians were required to complete a Self-Assessment Module (SAM) that included both a 60-question knowledge assessment plus a clinical simulation. Now, the Knowledge Self-Assessment (KSA) is the minimum required self-assessment activity. Complete the KSA on Thursday with other colleagues, and earn 10 certification points and 8 CME credits toward diplomates' certification requirements. The Clinical Self-Assessment is still available as an optional self-assessment activity that can be completed on your own for 5 certification points and 4 CME credits toward certification requirements. This no longer is a requirement to earn immediate credits for a completed KSA. The content of the KSA on Medical Genomics effectively merges clinical practice and current evidence-based medical research.

**Additional registration and cost-\$150 is required (see registration form), and will be limited to the first 20 registrants. The session will be held Thursday, 1:00-5:30 pm.**

**Concurrent  
Session**

## Friday, March 31, 2017

7:00 - 10:30 am	Bleed & Feed (Provided by Regional Pathology Services, UNMC & SimplyWell)
8:00 - 9:00 am	CLS: Type 2 Diabetes: Medication Management & Patient-Centered Lifestyle Modification Support, <i>Alisa Nance, MD, RPH, FNLA</i> ** This CME activity is funded by an educational grant to the AAFP from GlaxoSmithKline.
9:00 - 10:00 am	Evidence Based Integrative Therapies in Family Medicine, <i>Sabrina Cerny, MD, FAAFP</i>
10:00 - 10:45 am	<b>BREAK - VISIT THE EXHIBITORS</b>
10:45 - 11:45 am	Hiram R. Walker, MD, Lectureship   Use of Point of Service Support in Medical Decision Making, <i>Michael Weiner, DO, MSN, MSIST</i>
11:45 - 12:45 pm	Lunch in Exhibit Hall
12:45 - 1:45 pm	Recognition of Diarrhea-Predominant Irritable Bowel Syndrome: Advancing Accurate Diagnosis & Appropriate Treatment, <i>Rockford Yapp, MD, MPH, AGAF</i>
1:45 - 2:30 pm	Annual Meeting & Election of Officers, Medical Student & Resident Poster Presentation Introductions & Award Presentations
2:30 - 3:15 pm	<b>BREAK - View Medical Student &amp; Resident Posters</b>
3:15 - 4:15 pm	Resident Presentations
4:15 - 5:15 pm	Breast Cancer Screening, Current Treatment Recommendations and More, <i>Sarah Thayer, MD</i>
5:15 pm	<b>ADJOURN</b>
6:00 - 7:30 pm	Steve Thomas Memorial Silent Auction & Wine Reception
7:30 - 9:30 pm	Banquet & Installation of Officers
9:30 pm	President's Reception

## Saturday, April 1, 2017

7:00 - 7:45 am	Past President's Breakfast
8:00 - 9:00 am	Urinary Incontinence, <i>Michael Feloney, FACS, MD</i>
9:00 - 10:00 am	Integrating Mental Health into Primary Care Offices: Theory and Practice, <i>Cameron White, Ph.D.</i>
10:00 - 10:15 am	<b>BREAK</b>
10:15 - 11:15 am	Antimicrobial Stewardship: Pediatric Perspective, <i>Kari Simonsen, MD</i>
11:15 - 12:15 pm	What I Learned at NAFP's Annual Meeting 2017, <i>Robert Rauner, MD, MPH, FAAFP</i>
12:15 - 12:45 pm	DeRoin Memorial Luncheon & Scholarship Presentation
12:45 - 1:30 pm	South Sudan Medical Mission Trip: A Full Circle, <i>Joseph Dumba, MD</i>
1:30 pm	<b>ADJOURN</b>

### iPad Raffle

Make sure to purchase your raffle tickets for \$25 each prior to the Silent Auction to be entered to win one of two iPads donated by Nebraska Medicine! You may purchase tickets on the included registration form or online! Money raised will be used to support many valuable programs of the NAFP Foundation. Winners will be announced after the annual banquet, during the President's Reception. **You do NOT need to be present to win!**



**Nebraska  
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# Pre Conference Info:

## Wellness Conference

*It's time to take a step back and focus some of our energy on taking care of ourselves.*

**Join us on Wednesday afternoon, March 29, 2017, as we take the first step in creating a healthier you.**

- Identify health behaviors related to fitness, nutrition, relationships, substance use and abuse, and the environment.
- Identify scientific concepts underlying health promotion and primary prevention of disease.
- Identify and develop skills to effectively motivate changes in health behavior.
- Utilize assessment tools.

## MACRA Conference

NAFP leadership feels that MACRA will greatly impact our future. The leadership has been following this closely since hosting the conference, *MACRA: The Good, The Bad and What it Means for the Future of Health Care* last year, and they now have new information to share with you since the final rules are out. We will be hosting a half-day conference on Wednesday morning, **March 29, 2017** at the Embassy Suites La Vista to discuss the MACRA final rules.

**Get answers to these questions and more:**

- How does MACRA impact payments to physicians based on the value they provide?
- What is the importance of transformation into a Patient-Centered Medical Home for MACRA?
- What do we need to do to get MACRA ready?
- What resources are available to help us get MACRA ready?
- What is coming with MACRA and the new Trump Administration?

## HOTEL INFORMATION

Please contact the Embassy Suites La Vista Hotel and Conference Center, 12520 Westport Pkwy, La Vista, NE 68128 at **(402) 331-7400** to secure your room reservation. Identify yourself as a part of the Nebraska Academy of Family Physicians (or NAFPP) room block, group code: **NA3**. Rooms are currently available at the NAFPP group rate of **\$139.00++**. This rate is available until **March 6, 2017**, or until all rooms in the block are reserved. *Don't wait, book now!*

## Registration Form

Cut along the above line and return this form with payment to  
Nebraska Academy of Family Physicians -- 11920 Burt Street, Suite 170, Omaha, NE 68154  
(402) 505 - 9198 | [info@nebrafp.org](mailto:info@nebrafp.org) | [www.nebrafp.org](http://www.nebrafp.org)

Name: \_\_\_\_\_ Professional Designation (circle one): MD, DO, PA, APRN, Other: \_\_\_\_\_

Preferred Name for Name Badge: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Type	Full (All 3 Days)	1 Day - Check (✓) One Thurs ___ Fri ___ Sat ___
Active	\$400	\$250
Life/Inactive	\$250	\$150
Resident	\$25	\$25
Student	FREE	FREE
Non Member	\$475	\$300

Paid registration includes all breaks & meals on days registered.

**Please check (✓) next to the meals you will be attending.**

\_\_\_ Thursday Lunch  
\_\_\_ Thursday Dinner    Any vegetarian or special diet requests? \_\_\_\_\_  
\_\_\_ Friday Lunch  
\_\_\_ Friday Banquet  
\_\_\_ Saturday Lunch

**Total all registration pieces below. See chart to left for costs.**

Registration Fee: \_\_\_\_\_  
Guest Meals Total: \_\_\_\_\_  
Bleed and Feed (Free): \_\_\_/\_\_\_/\_\_\_ Please provide DOB if attending.  
Late Fee after 3/21/17 (\$35): \_\_\_\_\_  
Foundation Raffle Ticket (\$25/each): \_\_\_\_\_  
Flash Drive (\$25): \_\_\_\_\_  
Pre-Conference - MACRA Only: \_\_\_\_\_ \$60 for Actives, \$20 for Residents  
Pre-Conference - Wellness Only: \_\_\_\_\_ \$60 for Actives, \$20 for Residents  
Pre Conference - MACRA + Wellness Package: \_\_\_\_\_  
( \$100 for Actives, \$35 for Residents | Lunch is on your own.)  
KSA Study Group on Medical Genomics (\$150): \_\_\_\_\_  
**Total Registration Cost:** \_\_\_\_\_

Meeting materials will be distributed by email a week prior to the conference.  
You can also access materials via Guidebook or by purchasing a flash drive.

**Guest meals are sold separate from yours. Below please write the number of guest meals you will need.**

Thursday Lunch (\$15) \_\_\_\_\_ Thursday Evening Buffet (Free) \_\_\_\_\_ Friday Lunch (\$15) \_\_\_\_\_ Friday Banquet (\$50) \_\_\_\_\_ Sat. DeRoin Luncheon (\$25) \_\_\_\_\_

Total Amount Enclosed or to be Charged to Credit Card: \$ \_\_\_\_\_ ☐ Check ☐ Credit Card Number: \_\_\_\_\_

Security Code: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Checks accepted payable to NAFPP. If paying by credit card, please complete above. All invoices are due net 30 days. A \$35 late fee will automatically be assessed on registrations made after March 21, 2017. Cancellation requests must be made in writing. A full refund, less a \$50 cancellation fee, will be made if you cancel your registration before March 21, 2017. No refunds will be given after this date.



## *I would like to invite you...*

The mission statement of the NAFF is to promote, support, and serve our members as they strive to improve the health of all Nebraskans. Please join us in attending the Nebraska Academy of Family Physician's 69th Annual Meeting & Scientific Assembly being held March 30 – April 1, 2017! This year's meeting is again at the Embassy Suites La Vista Hotel and Conference Center. Aaron Lanik, MD, and the Scientific Affairs Committee have put together an excellent program on continuing medical education topics covering many aspects of Family Medicine. Make sure to take advantage of this opportunity to obtain quality CME while enjoying time away with your family, colleagues and friends.

Included again at this year's Assembly will be the KSA Study Group formerly known as SAM Study Group. This year's topic will be Medical Genomics and will be offered on Thursday afternoon. Participating in this workshop will allow you to complete the KSA for Medical Genomics requirement in just one sitting! Sign up soon; the session will be limited to 20 participants.

We will be hosting the Resident Jeopardy competition again on Thursday evening! Join us for a Cash Bar Social and a Buffet Dinner (dinner is on the NAFF) prior to the Medical Jeopardy fun! The five residency programs will be competing again for the traveling trophy. On Friday evening, come and donate by bidding at our Annual Silent Auction which will be raising funds for Resident and Medical Student Scholarships! Our annual Banquet will follow with AAFP Representative, Dr. Robert Wergin, installing our newly elected officers for 2017-2018. Dr. Wergin served as the AAFP President in 2014-2015 and AAFP Board Chair in 2015-2016. We are honored to have him join us!

**NEW THIS YEAR:** The NAFF will also be hosting a pre-conference half-day session on Medicare Access and CHIP Reauthorization Act (MACRA) updates on Wednesday, March 29th. This half-day event, *MACRA Update: The Final Rules are Out & We Are Here to Help*, will feature national level experts on MACRA and PCMH; you will not want to miss it!

Following the MACRA conference, the NAFF will host a Wellness Conference in the afternoon on Wednesday, March 29th. This half-day event, *Maintaining Your Passion and Joy: A Wellness Conference*, will bring together Nebraska physicians and health care staff to discuss the ever-changing health care landscape, and the challenges it brings to those who work in the health care industry. Attendees will learn about lifestyle changes that may bring their passion and joy back to their practice and tips to achieve a better work-life balance. **To register for any of the above, you may either return the enclosed registration form or complete the online registration at [www.nebrafp.org](http://www.nebrafp.org).**

*Sincerely,*

Christine Jeffrey, MD, FAAFP  
NAFF President

## *Evening Activities*

**THURSDAY EVENING  
MARCH 30, 2017**

### **Cash Bar Social, Dinner Buffet & Resident Jeopardy**

Cheer on your current or former Residency Program as they engage in friendly competition to take home the Jeopardy Traveling Trophy and bragging rights all year! All five Nebraska Residency Programs will be participating in the battle. Dr. Doug Martin is back as our Alex Trebek for a second year! A Cash Bar Social and Buffet Dinner will be provided prior to the competition for physicians and guests.

**Registration is required to attend the meal.**

**FRIDAY EVENING  
MARCH 31, 2017**

### **Silent Auction & Installation Banquet**

Plan to attend the Steve Thomas Memorial Silent Auction & Wine Reception where you can bid on incredible items while supporting the NAFF Foundation. Attend the annual banquet afterwards and congratulate the newly elected officers on their installation.

**Trisha Sams, MD, FAAFP, of Utica, NE, will be installed as President by AAFP Past Board Chair, Robert Wergin, MD, FAAFP.**

We will also recognize Anniversary Members, new AAFP Fellows, and our scholarship recipients!



**Robert L. Wergin, MD, FAAFP** will confer the Degree of Fellow upon qualified members of the NAFF, as well as install the newly elected NAFF officers at the banquet on Friday evening. For over two decades, Dr. Wergin has been practicing as a family physician. He joined the Nebraska Academy of Family Physicians in 1982. Since that time, he has been very involved with the Nebraska Academy including serving as Past President, chairman of many committees, and the 2002 Nebraska Family Physician of the Year. He most recently served as the 2015-2016 American Academy of Family Physicians Board Chairman. As a practicing family physician in Milford, NE, Dr. Wergin has enhanced the quality of life for his community. He is a constant advocate for developing the Patient-Centered Medical Home (PCMH) model in Nebraska as well as for shaping the national policy on MACRA. He is currently serving as the committee chair for the Nebraska PCMH Stakeholder Group. We are pleased to have him with us!