

HCV for Primary Care Providers

Rudolf J. Kotula, MD, FACP, FIDSA
Infectious Disease Consultant
Epidemiologist Methodist Women's Hospital
Asst. Clinical Professor of Medicine Creighton University

Program Outline

- Overview of Chronic HCV (CHC) Infection
 - HCV epidemiology, natural history, comorbidities/extrahepatic manifestations
 - Cure is possible and has significant benefits
- Pre-treatment Assessment
 - Recommended HCV screening guidelines, populations, and process
 - Patient assessment prior to starting antiviral therapy including liver fibrosis assessment
- Managing Patients on HCV Therapy
 - Patient monitoring on treatment
- Post-treatment Follow-up
 - Patient monitoring following antiviral therapy

Overview of Chronic HCV Infection

HCV History

- An RNA virus that used to be known as non-A, non-B hepatitis until it was discovered in 1988¹
- No vaccine available
- First therapy approved in 1991²
- Before 2011, HCV treatment could last as long as a year, with cure* (SVR) rates of 40%–50% for the most common genotype in the US³
- Since that time, scientific advances have made HCV treatment shorter and more effective
- There are better tolerated, interferon-free treatment options available that have shown cure (SVR) rates of 90% and greater in clinical studies and real world cohorts⁴

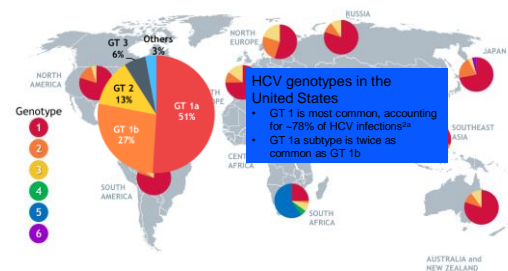


1. CDC. MMWR. *Non-A, non-B hepatitis*. 1988;37(19):1-26. 2. Swartz ML. *Gastroenterol Nurs*. 1991;14(1):40-43. 3. Ghany MG et al. *Hepatology*. 2011;54(4):1433-1444. 4. AASLD. *ISAA. USA-USA. Recommendations for testing, managing, and treating hepatitis C*. <http://www.aasld.org/hepatitis>. Accessed January 15, 2015. 5. US Department of Health and Human Services. Center for Drug Evaluation and Research. Draft Guidance for Industry. *Chronic Hepatitis C Virus Infection: Developing Direct-Acting Antiviral Drugs for Treatment*. May 2016.

*Cure, also known as sustained virologic response (SVR), is defined as no detectable HCV in the blood at 12 or more weeks after therapy is complete^{4,5}

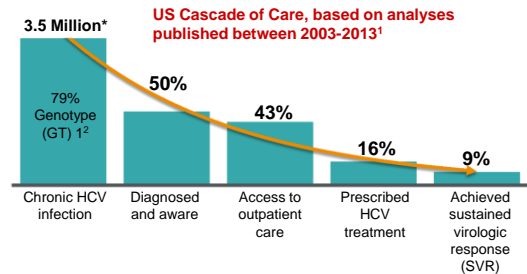


HCV Genotypes by Geographic Region



GT=genotype.
*Derived from HCV RNA-positive participants in NIAHES II conducted 1988 to 1994 (N=275).
1. World Gastroenterology Organisation. *Diagnosis, management and prevention of hepatitis C*. 2013.
2. Nainan OV, et al. *Gastroenterology*. 2006;131:478-484.

Population Studies Show a Significant Gap in HCV Care in the United States

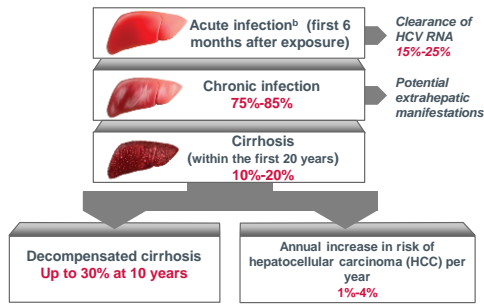


*Including populations excluded from NIAHES (e.g., the incarcerated, homeless, institutionalized, and those living on Native American reservations) brings the total estimate to 4.6 million²

1. Vallo SR, et al. *PLoS One*. 2014;9(1):e8594.
2. Zhai NH, et al. *Ann Intern Med*. 1998;128:634-639.
3. Elin SR, et al. *Hepatology*. 2015;60:1355-1363.

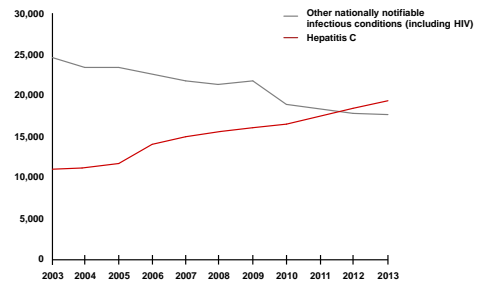


Natural History of HCV Infection^a



^aHBs = Ribonucleic acid
^bHB percentages are approximate
 100%-50% of individuals are asymptomatic
 Adapted from Chou SL, Morgan TR. *Int J Med Sci*. 2008;3:47-52.

Annual Deaths from HCV Surpass All Other Nationally Notifiable Infectious Conditions, Including HIV,* in the United States (2003-2013)



* 60 infectious conditions other than HCV, as reported to CDC (including HIV, Staph. aureus, HBV, TB, and pneumococcal disease)
 Harding, S. et al. *10 Week* 2015; 1972

HCV IMPACTS MORE THAN JUST THE LIVER

HCV may affect organs other than the liver, resulting in extrahepatic manifestations such as¹⁻⁶:

- 1 Mixed cryoglobulinemia vasculitis
- 2 Lymphoproliferative disorders
- 3 Peripheral neuropathy⁷
- 4 Membranoproliferative glomerulonephritis⁸
- 5 Insulin resistance
- 6 Cutaneous manifestations (eg, lichen planus, porphyria cutanea tarda, palpable purpura⁹)



HCV may increase the risk for other diseases and conditions, including^{1,10}:

- 1 Depression 2.30x
- 2 Type 2 diabetes mellitus 1.58x
- 3 Hypertension
- 4 Fatigue
- 5 Congestive heart failure

Relative risk in HCV patients¹

74% of HCV patients have at least one clinical extrahepatic manifestation⁷

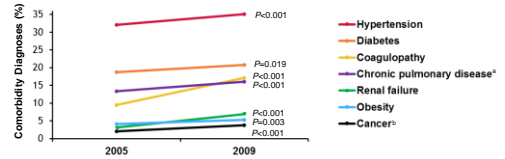
¹Secondary to mixed cryoglobulinemia vasculitis.

References: 1. Laskin G et al. *Clin Exp Immunol*. 2012;152:155-156. 2. Kozlowski T et al. *World J Gastroenterol*. 2014;20(4):1117-1122. 3. Yarnall JH et al. *Aliment Pharmacol Ther*. 2012;36:147-152. 4. Wada H et al. *Eur J Intern Med*. 2009;220:100-105. 5. Wada H et al. *Eur J Intern Med*. 2009;220:100-105. 6. Yarnall JH et al. *Gastroenterology*. 2010;138(2):1558-1565. 7. Cacace AM et al. *Aliment Pharmacol Ther*. 2008;32:1023-1024. 8. Cacace AM et al. *Aliment Pharmacol Ther*. 2008;32:1023-1024. 9. Cacace AM et al. *Aliment Pharmacol Ther*. 2008;32:1023-1024. 10. Cacace AM et al. *Aliment Pharmacol Ther*. 2008;32:1023-1024.

EPIDEMIOLOGY AND DISEASE IMPACT

Common Comorbidities Diagnosed in Chronic HCV Patients: 2005-2009

- Several comorbidities, such as lymphoma, type 2 diabetes mellitus, and renal manifestations, have been shown to be associated with CHC¹
- A cross-sectional, retrospective analysis of the US National Inpatient Sample (NIS) identified comorbidities commonly diagnosed in hospitalized CHC patients between 2005 and 2009²



P values reported by linear trend and chi-square test.

¹Chronic pulmonary disease and pulmonary circulation disorder. ²Metastatic cancer, solid tumor without metastasis, lymphoma.

- Convincing evidence suggests that HCV may directly promote cardiovascular disease. In particular, a correlation between the severity of liver necro-inflammation caused by HCV infection and cardio-vascular morbidity has been shown³

1. Zignego AL et al. *Intern Emerg Med*. 2012;7:5201-5208.
 2. Yarnall JH et al. *J Viral Hepat*. 2015;22:137-145.
 3. Nelson FB et al. *Gastroenterology*. 2010;138(2):1558-1565.



SCIENTIFIC ADVANCES HAVE LED TO ALL-ORAL, FIXED-DOSE DAILY REGIMENS, WHICH ARE SHORTER AND MORE EFFECTIVE¹⁻³

Treatments average 12 weeks in duration³

HIGH CURE RATES WITH INTERFERON-FREE OPTIONS^{3,4}

40%-50% ~95%
 Before 2011² Present^{1,4}

Cure, also known as sustained virologic response (SVR), is defined as no detectable HCV in the blood 12 weeks after completion of therapy^{1,4}

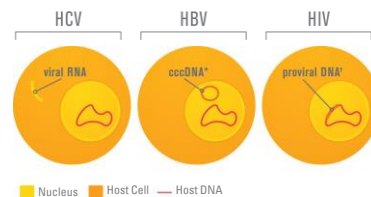
¹For the most common genotype in the United States

References: 1. Rockstroh JK. *J Virus Ther*. 2015;15:55-56. 2. Garry MG et al. *Hepatology*. 2011;54(4):1423-1444. 3. MASLD (USA, JG-USA). <http://www.masldusa.org>. Accessed September 21, 2017. 4. US Department of Health and Human Services, Center for Drug Evaluation and Research. *Drug Guidance for Industry: Chronic Hepatitis C Virus Infection: Developing Clinical Study Protocol for Treatment*. May 2012.

EPIDEMIOLOGY AND DISEASE IMPACT

Why Is Cure Possible?

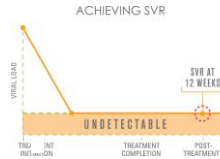
- HCV does not integrate into the nuclei of infected cells, while HBV and HIV DNA are incorporated into the nucleus of the cell¹



¹HBV cccDNA (covalently closed circular DNA) accumulates in hepatocyte nuclei, acting as a template for viral messenger RNA transcription. ²HIV proviral DNA: integrates into the chromatin of infected cells, acting as the template for the transcription of viral genes.

1. Sureau V et al. *J Antimicrob Chemother*. 2008;62(1):1-4.

What Defines HCV Cure?



- In some instances, HCV treatment does not result in cure, or SVR, because the virus does not reach undetectable levels or because it does not stay undetectable after therapy completion
- In one study, of those patients who reached SVR, 99% had undetectable levels of HCV RNA more than 4 years after treatment end³
- These patients do not experience viral recurrence and may be considered to be cured³

1. US Department of Health and Human Services, Center for Drug Evaluation and Research. Draft Guidance for Industry. Chronic Hepatitis C Virus Infection: Developing Antiviral Drugs for Treatment. October 2013.
2. AASLD. GSAA. AASLD. Recommendations for testing, managing, and treating hepatitis C. <http://www.aasld.org>. Accessed January 19, 2017.

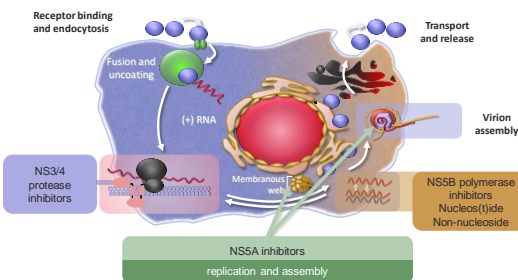
Improvements in HCV Therapy: Overall SVR Rates in the Pre-DAA and DAA Eras

Era	Standard of Care	Overall SVR ^a Rates
Pre-2011 (Pre-DAA)	Peg-IFN + RBV	47%-54% ^{1,2}
		*SVR=24-week follow-up
2011-2013 (Early DAA)	DAA + Peg-IFN + RBV	67%-75% ^{3,4}
		*SVR=24-week follow-up
2013-present (all-oral DAA regimens)	DAA regimen ± RBV	≥90% ⁵⁻⁹
		*SVR=12-week follow-up

- Recent data suggests that patients with traditionally negative predictors of response, such as African Americans, achieve similar rates of SVR12 as the overall population^{10,11}
- The IFN-containing regimens were associated with higher rates of serious adverse events (eg, anemia and rash), longer treatment duration in some cases, high pill burden, numerous drug-drug interactions, more frequent dosing, and higher intensity of monitoring for safety or treatment response.¹²

1. Manns MP, et al. *Lancet*. 2001;358:958-965.
2. Fried MY, et al. *N Engl J Med*. 2002;347:975-982.
3. Poordad F, et al. *N Engl J Med*. 2011;364:1195-1206.
4. Jacobson RM, et al. *N Engl J Med*. 2011;364:2452-2461.
5. Lawitz E, et al. *N Engl J Med*. 2013;368:1879-1887.
6. Perreux R, et al. *N Engl J Med*. 2014;371:1685-1692.
7. Abdo H, et al. *N Engl J Med*. 2014;370:1585-1592.
8. Fakh JJ, et al. *N Engl J Med*. 2015;373:2509-2507.
9. Foster GR, et al. *N Engl J Med*. 2015;373:2608-2617.
10. Abdo H, et al. *Hepatology*. 2016;63(3):437-44.
11. Walker M, et al. *Hepatology*. 2016;63(3):437-44.
12. Adapted from AASLD/ASAS, New Recommendations for HCV Treatment. <http://www.aasld.org>. Accessed January 19, 2017.

HCV Life Cycle and Targets for Direct-Acting Antivirals (DAAs)



Adapted from Manns MP, et al. *Nat Rev Drug Discov*. 2007;6:997-1000.

Examples of commonly used DAA's

Branded drug	NS3/4A Protease Inhibitors (Pis)	NS5B Polymerase Inhibitors	NS5A Inhibitors
Eplclusa	-----	Sofosbuvir	Velpatasvir
Harvoni	-----	Sofosbuvir	Ledipasvir
Mavyret	Glecaprevir	-----	Pibrentasvir
Vosevi	Voxilaprevir	Sofosbuvir	Velpatasvir
Zepatier	Grazoprevir	-----	Ebasvir

Author's Last Name, Conference Name, Year, Presentation # 16

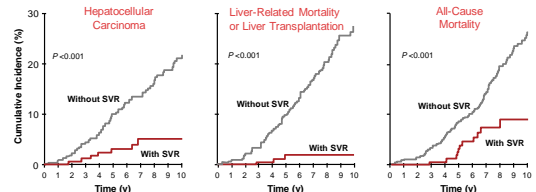
Potential Benefits of SVR (Virologic Cure)

- Achieving SVR is associated with:
 - Reduced medical costs when compared with patients who do not achieve SVR^{1,a}
 - Reductions in HCC, liver-related mortality or transplantation, and all-cause mortality^{2,a}
 - Lowering the incidence of HCV-related comorbidities^{3-6,a}
 - Improving relevant aspects of attentional and neurocognitive performance^{7,a}
 - Certain improved quality-of-life measurements in a real-world cross-sectional study^{8,a}
 - Regression of cirrhosis and fibrosis are frequently observed in patients with cirrhosis who achieve long-term SVR (median period of 61 months)⁹

^aSVR was defined as lack of detection of HCV RNA at 24 weeks after the cessation of treatment.

1. Manns MP, et al. *JAMA*. 2011;305:2584-2593.
2. von der Meer AJ, et al. *JAMA*. 2012;308:2584-2593.
3. Krawinkel M, et al. *Hepatology*. 2013;57:1220-1230.
4. Krawinkel M, et al. *Hepatology*. 2013;57:1220-1230.
5. Krawinkel M, et al. *Hepatology*. 2013;57:1220-1230.
6. Krawinkel M, et al. *Hepatology*. 2013;57:1220-1230.
7. Krawinkel M, et al. *Hepatology*. 2013;57:1220-1230.
8. Krawinkel M, et al. *Hepatology*. 2013;57:1220-1230.
9. Krawinkel M, et al. *Hepatology*. 2013;57:1220-1230.

SVR Associated With a Reduction in HCC, Liver-Related Mortality, Transplantation, and All-Cause Mortality



- This was an international, multicenter, long-term follow-up study of 530 consecutive CHC patients with advanced hepatic fibrosis or cirrhosis (Ishak score 4-6), who started an IFN-based treatment regimen between 1990 and 2003, from 5 large tertiary care hospitals in Europe and Canada. Complete follow-up occurred between January 2010 and October 2011. Median follow-up duration was 6.4 years
- This study showed significant reduction of 10-year cumulative incidence of HCC, liver-related mortality or transplantation, and all-cause mortality in patients who achieved SVR
- SVR was defined as lack of detection of HCV RNA at 24 weeks after the cessation of treatment

von der Meer AJ, et al. *JAMA*. 2012;308:2584-2593.

Pre-treatment Assessment

Limited Success With Risk-Based Screening

- Since 1998, the CDC has recommended screening individuals largely based on behavioral risk factors (eg, IV drug use, tattoos from unregulated environments)¹
- Risk-based screening has had limited success, as shown by the large number of undiagnosed individuals¹
- HCV is much more prevalent among baby boomers, persons born between 1945–1965, than other age cohorts¹
- HCV screening guidelines include both risk-based and age-based factors^{1, 3, 4}

1. Smith BD et al. *MMWR Recomm Rep*. 2012;61(RR-4):1-32.
 2. CDC. <http://www.cdc.gov/hcp/recommendations/HCV-TestingAndTreatmentEmbargo08.pdf>. Accessed January 19, 2017.
 3. USPSTF. <http://www.uspreventiveservicestaskforce.org/uspstf/hcp/hcphepatitis-c-screening>. Accessed October 12, 2016.
 4. AASLD, IDSA, IAS-USA. Recommendations for testing, monitoring, and treating hepatitis C. <http://www.aasld.org/aasld/ias-usa-recommendations-for-testing-monitoring-and-treating-hepatitis-c>. Accessed January 19, 2017.



WHO TO SCREEN?

The CDC, USPSTF, and AASLD recommend **screening all high-risk populations**, including a one-time screening of all baby boomers¹⁻³

- Baby boomers (born 1945–1965)
- Persons who ever injected illegal drugs
- HIV-infected patients
- Persons who have received tattoos from unlicensed or unregulated environments
- Those with certain medical conditions, including:
 - Persons who received clotting factor concentrates produced before 1987
 - Persons who were ever on long-term hemodialysis
 - Persons with persistently abnormal alanine aminotransferase levels
- Prior recipients of transfusions or organ transplants, including:
 - Persons who were notified that they received blood from a donor who later tested positive for HCV infection
 - Persons who received a blood transfusion, blood components, or an organ transplant before July 1992
- Healthcare, emergency medical, and public safety workers after needlesticks, sharps, or mucosal exposures to HCV-positive blood
- Children born to an HCV-positive mother

References: 1. Smith BD et al. *MMWR Recomm Rep*. 2012;61(RR-4):1-32. 2. USPSTF. <http://www.uspreventiveservicestaskforce.org/uspstf/hcp/hcphepatitis-c-screening>. Accessed December 14, 2016. 3. AASLD, IDSA, IAS-USA. <http://www.aasld.org/aasld/ias-usa-recommendations-for-testing-monitoring-and-treating-hepatitis-c>. Accessed September 21, 2017.

YOUR ROLE IN HCV

21

CDC, USPSTF, and AASLD HCV Screening Recommendations in Baby Boomers

Screen all baby boomers (born between 1945 and 1965) regardless of the presence of risk factors^{1, 2, 3}



AN ESTIMATED **75%**
OF ALL HCV PATIENTS
ARE BABY BOOMERS⁴

Baby boomers account for 73% of HCV-related mortality and are at greatest risk for liver cancer and other liver-related complications¹

1. Smith BD et al. *MMWR Recomm Rep*. 2012;61(RR-4):1-32.
 2. USPSTF. <http://www.uspreventiveservicestaskforce.org/uspstf/hcp/hcphepatitis-c-screening>. Accessed October 12, 2016.
 3. AASLD, IDSA, IAS-USA. Recommendations for testing, monitoring, and treating hepatitis C. <http://www.aasld.org/aasld/ias-usa-recommendations-for-testing-monitoring-and-treating-hepatitis-c>. Accessed January 19, 2017.
 4. CDC. <http://www.cdc.gov/hcp/recommendations/HCV-TestingAndTreatmentEmbargo08.pdf>. Accessed October 12, 2016.



This is a standard preventive benefit for Medicare and high risk patients

Hepatitis C Virus (HCV) Screening

HCPCS/CPT Codes

G0472 – Hepatitis C antibody screening, for individual at high risk and other covered indication(s)

ICD-10 Codes

Z72.89 and F19.20

Who Is Covered

Certain adult Medicare beneficiaries who fall into at least one of the following categories:

- High risk for HCV infection
- Born between 1945 and 1965

Frequency

- Annually only for high risk Medicare beneficiaries with continued illicit injection drug use since the prior negative screening test
- Once in a lifetime for Medicare beneficiaries born between 1945 and 1965 who are not considered high risk

Medicare Beneficiary Pays

- Copayment/concurrence waived
- Deductible waived

23

SCREEN AT-RISK INDIVIDUALS REGARDLESS OF LIVER ENZYME LEVELS AND SYMPTOMS^{1, 2}

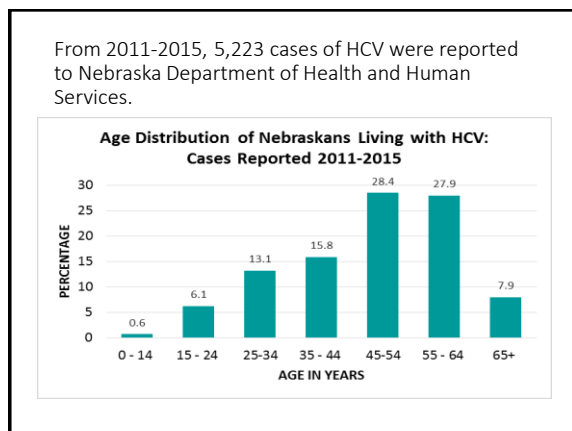
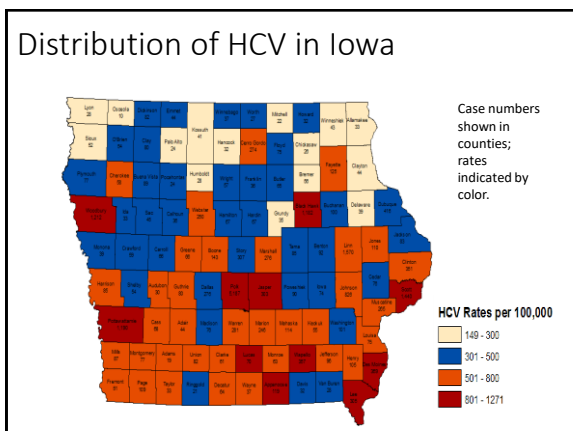
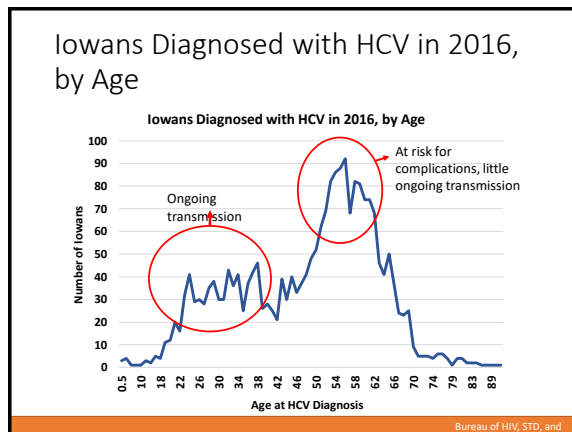
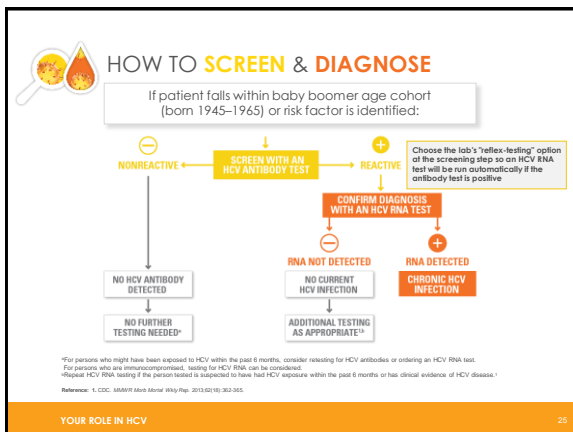
- Liver damage is possible in the presence of low viral loads and normal ALT or AST levels¹
- Approximately 30% of patients with chronic HCV infection have persistently normal ALT levels³



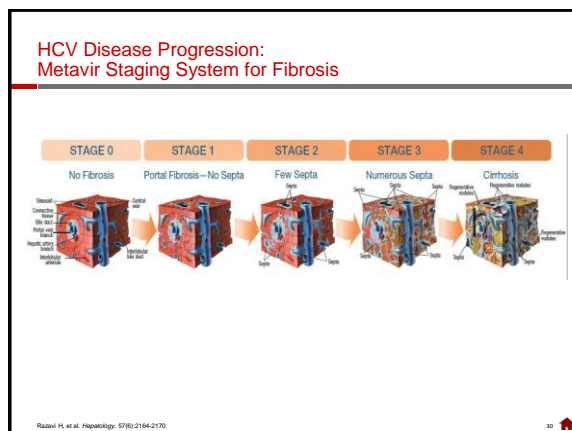
ALT = alanine transaminase AST = aspartate aminotransferase
 References: 1. Smith BD et al. *MMWR Recomm Rep*. 2012;61(RR-4):1-32. 2. USPSTF. <http://www.uspreventiveservicestaskforce.org/uspstf/hcp/hcphepatitis-c-screening>. Accessed December 14, 2016. 3. Patel C et al. *J Viral Hepat*. 2015;18(5):259-265.

YOUR ROLE IN HCV

24



Managing Patients on HCV Therapy



Baseline Fibrosis Assessment Is Important for Developing a Chronic HCV Treatment Plan

- Accurate assessment of fibrosis is recommended for all patients with CHC to determine appropriate treatment strategy and follow-up¹
 - Patients with severe fibrosis require surveillance monitoring for liver cancer, esophageal varices, and hepatic function
- Although liver biopsy is the diagnostic standard, the most efficient approach is to combine direct biomarkers and vibration-controlled transient liver elastography¹
 - A biopsy should be considered for any patient with discordant results between the 2 methods that would affect clinical decision making
- If direct biomarkers or elastography are not available, APRI or FIB-4 tests can help, although neither test is sensitive enough to rule out substantial fibrosis¹
- Thrombocytopenia can be a marker of advanced liver fibrosis and portal hypertension
- Individuals with clinically evident cirrhosis do not require additional staging¹

APRI=AST-to-platelet ratio index; FIB-4=fibrosis 4.
AASLD/ISDA. When and to whom to initiate HCV therapy. <http://hepguidelines.org/full-report/when-and-to-whom-initiate-hcv-therapy>. Accessed March 3, 2016.
Gordon S, et al. *Am J Gastroenterol*. 2015;110:1169-1177.
Shah M, Roudot S, Jha N, et al. Prevalence of cirrhosis in patients with thrombocytopenia who receive bone marrow biopsy. *Gast J Gastroenterol*. 2012;18(4):257-262.
Abdel N. Thrombocytopenia associated with chronic liver diseases. *J Hep* 2008;48:1000-1007

Comparing Invasive and Noninvasive Fibrosis Tests

	APRI or FIB-4	FibroSure®/FibroTest™	Transient Elastography	Liver Biopsy
Methodology	Measures direct and indirect serum markers of fibrosis	Age, gender and six biochemical markers of fibrosis	Measures liver stiffness by detection of ultrasound-propagated shear waves	Direct observation
Accuracy for detecting cirrhosis	Moderate	High	High	High
Accuracy for detecting intermediate fibrosis	Low	Moderate	Moderate to high	High
Risk of complications	Minimal	Minimal	Minimal	Risk of pain/bleeding
Contraindications	Minimal	Minimal	Accuracy lessened with obesity and/or narrow rib spaces	Coagulopathy
Limitations	False-positives with hemolysis, inflammation, Gilbert's syndrome	Not good for detecting intermediate fibrosis	False-positives with inflammation, congestion	Sampling error Observer variation
Cost	Low per-test cost	Moderate	High initial equipment cost	Highest per-test cost

ELF=enhanced liver fibrosis; MRE=magnetic resonance elastography; MRI=magnetic resonance imaging.
Nguyen D, Talwalkar JA. *Hepatology*. 2011;53:2107-2110.

Post-treatment Follow-up

Post-treatment Monitoring Following SVR

Recommended follow-up for patients who achieve an SVR

For patients without advanced fibrosis (METAVIR stage F0-F2), recommended follow-up is the same as if they were never infected with HCV

For patients with advanced fibrosis or cirrhosis (METAVIR stage F3 or F4), lifelong surveillance for HCC with twice-yearly ultrasound is recommended

- If cirrhosis is present, a baseline endoscopy is recommended to screen for varices

Among patients with ongoing risk for HCV infection or in whom otherwise unexplained hepatic dysfunction develops, assessment for HCV recurrence or reinfection is recommended

- Because antibody to HCV remains positive in most patients following an SVR, testing for reinfection should be performed with a quantitative HCV RNA assay rather than an anti-HCV serology test
- Continue to engage in harm reduction

If patients develop persistently elevated abnormal liver function tests after achieving an SVR, assess for other causes of liver disease such as alcohol consumption or fatty liver disease

1. AASLD/ISDA. Recommendations for testing, managing, and treating hepatitis C. <http://hepguidelines.org>. Accessed January 19, 2017

Post-treatment Monitoring for Patients Who Fail to Achieve SVR

Recommended follow-up for patients who do not achieve an SVR

Patients who do not achieve an SVR have ongoing HCV infection and risk continued liver injury and also represent an ongoing risk for transmission to others. They benefit from ongoing harm reduction and continued patient education around HCV transmission risk and exposure.

They should be monitored for disease progression every 6 to 12 months

- Hepatic function panel, CBC, INR

For patients with cirrhosis, screening for esophageal varices is recommended

For patients with advanced fibrosis/cirrhosis (METAVIR stage F3 or F4), lifelong screening for HCC via ultrasound every 6 months is recommended

AASLD/ISDA. Recommendations for testing, managing, and treating hepatitis C. <http://hepguidelines.org>. Accessed January 19, 2017

Summary

- At least 3.5 million people in the United States are chronically infected with HCV
 - It is estimated that only half of those infected are diagnosed
- Recommendations for managing patients with CHC include:
 - Baseline screening for all patients initiating antiviral treatment, including fibrosis assessment and assessment for comorbidities and other factors that may affect treatment response
 - Monitoring while on treatment to assess virologic and other laboratory/clinical effects of treatment
 - Post-treatment monitoring according to whether patients achieve an SVR (virologic cure) or not
- The approval of DAAs for the treatment of HCV has resulted in substantial improvements in the overall rates of SVR (virologic cure)
- The ASCEND Trial showed that successful community-based treatment of chronic HCV is possible
- Long-term, achieving an SVR may be associated with numerous clinical and quality-of-life benefits
- High rates of cure can be achieved in patients who use recreational drugs
- Harm reduction is important both for patients who do and do not achieve SVR to prevent reinfection/transmission.